

NUTRITIONAL & ALLERGEN INFORMATION

EMPIRE
CINEMAS

Information compiled December 2021

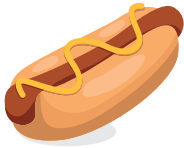
ALLERGEN INFORMATION

Please note this information is compiled from supplier data which has been provided to Empire Cinemas. We cannot accept any liability for its accuracy.

Products are not available in all cinemas and some promotional, trial products may not be listed.

EMPIRE
CINEMAS

HOT DOGS



**LARGE HOTDOG
BRIOCHE BUN** **V**

**REGULAR HOTDOG
BRIOCHE BUN** **V**

PORK FRANKFURTERS

**HALAL BEEF
HOTDOGS**

P PRESENT ON SITE **M** MAY CONTAIN **Y** ALLERGEN IS PRESENT

V SUITABLE FOR **VEGETARIANS** **V** SUITABLE FOR **VEGANS**

CONTAINS:

	Gluten & products thereof (wheat, rye, barley, oats)	Egg & Derivatives	Soya Beans & Derivatives	Milk & Derivatives	Sulphite >10mg/kg	Celery & Derivatives	Mustard & Derivatives
LARGE HOTDOG BRIOCHE BUN V	Y	Y	Y	Y			
REGULAR HOTDOG BRIOCHE BUN V	Y	Y	Y	Y			
PORK FRANKFURTERS							
HALAL BEEF HOTDOGS							

POPCORN



SWEET POPCORN V V

SALTED POPCORN V V

**WHIRL BUTTER
SUBSTITUTE** V

P PRESENT ON SITE M MAY CONTAIN Y ALLERGEN IS PRESENT

V SUITABLE FOR VEGETARIANS V SUITABLE FOR VEGANS

CONTAINS:

Gluten & products thereof
(wheat, rye, barley, oats)

Tree Nuts & Derivatives

Peanuts & Derivatives

Sesame Seeds & Derivatives

Soya Beans & Derivatives

Milk & Derivatives

Sulphite >10mg/kg

Y

SOFT DRINKS



 SUITABLE FOR VEGETARIANS  SUITABLE FOR VEGANS

**POSTMIX COCA COLA
REGULAR**  

POSTMIX DIET COKE  

POSTMIX COKE ZERO  

POSTMIX SPRITE ZERO  

**POSTMIX FANTA
ORANGE**  

**POSTMIX SCHWEPES
LEMONADE**  

**NO ALLERGENS ARE PRESENT IN SOFT DRINKS, NOR ARE THEY
PRODUCED ON SITES WHICH USE ALLERGEN INGREDIENTS**

FROZEN DRINKS



 SUITABLE FOR VEGETARIANS  SUITABLE FOR VEGANS

**RASPBERRY TANGO
ICEBLAST**  

**CHERRY TANGO
ICEBLAST**  

**NO ALLERGENS ARE PRESENT IN SOFT DRINKS, NOR ARE THEY
PRODUCED ON SITES WHICH USE ALLERGEN INGREDIENTS**

PICK 'N' MIX



PICK 'N' MIX

Allergen information for all products is available on the Pick n Mix display. Please be aware that we cannot guarantee that scoops and tongs have not come into contact with allergens.

ICE CREAM (SCOOPED)



SCOOPED ICE CREAM

Allergen information for all Ben & Jerry's products are available upon request from your scooper. Please be aware that we cannot guarantee that ice cream scoops have not come into contact with allergens.

NUTRITIONAL INFORMATION

Please note this information is compiled from supplier data which has been provided to Empire Cinemas. We cannot accept any liability for its accuracy. Products are not available in all cinemas and some promotional, trial products may not be listed.

All nutritional information is on an estimated basis for the stated portion size. Pack and portion sizes may change from time to time which may cause deviations. The stated portion sizes are for guidance only; product assembly may result in small variances in portion size and therefore the corresponding nutritional values.

EMPIRE
CINEMAS



TORTILLA NACHO CHIPS

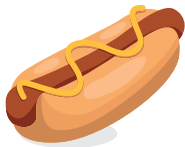
JALAPEÑO PEPPERS

SALSA DIP

CHEESE DIP

GUACAMOLE

Serving Size	Energy kJ	Energy Kcal	Fat	of which saturates	Carbo-hydrate	of which sugars	Protein	Salt
150g	2865	685.5	25.65	9.0	100.8	3.3	8.40	1.65
50g	43.0	10.0	0.00	0.00	2.0	1.0	0.00	1.23
90g	249	62.3	0.00	0.00	12.5	7.4	0.9	1.42
105g	844	199.5	15.75	10.1	2.8	0.8	13.13	1.79
100g	636	152	14.00	2.2	7.4	1.9	1.5	1.1



LARGE HOTDOG BRIOCHE BUN

Serving Size	Energy kJ	Energy Kcal	Fat	of which saturates	Carbo-hydrate	of which sugars	Protein	Salt
115g	1437	340	9.7	5.6	51.5	4.4	10.5	0.98

REGULAR HOTDOG BRIOCHE BUN

67g	885	211	6.0	3.5	31.8	2.7	6.5	0.6
-----	-----	-----	-----	-----	------	-----	-----	-----

LARGE PORK FRANKFURTERS

160g	1646	396	32.0	11.7	8.6	1.6	18.6	2.56
------	------	-----	------	------	-----	-----	------	------

REGULAR PORK FRANKFURTERS

100g	1029	248	20.0	7.3	5.4	1.0	11.6	1.6
------	------	-----	------	-----	-----	-----	------	-----

LARGE HALAL BEEF HOTDOG

90g	843	203	17.1	7.65	0.3	<0.1	12.15	1.62
-----	-----	-----	------	------	-----	------	-------	------

REGULAR HALAL BEEF HOTDOG

160g	1499	362	30.4	13.6	0.5	<0.1	21.6	2.88
------	------	-----	------	------	-----	------	------	------



KIDS SWEET POPCORN

SMALL SWEET POPCORN

REGULAR SWEET POPCORN

LARGE SWEET POPCORN

KIDS SALTED POPCORN

SMALL SALTED POPCORN

REGULAR SALTED POPCORN

LARGE SALTED POPCORN

WHIRL BUTTER

Serving Size	Energy kJ	Energy Kcal	Fat	of which saturates	Carbo-hydrate	of which sugars	Protein	Salt
57g	1157	278	14.65	1.13	27.1	10.9	4.62	0.06
68g	1380	331	17.45	1.35	32.3	13.1	5.51	0.07
151g	3065	735	38.81	3.0	71.7	29.0	12.23	0.15
222g	4507	1081	57.05	4.42	105.5	42.6	17.98	0.22
57g	1020	243	9.43	0.8	30.0	0.4	5.53	0.86
68g	1217	290	11.22	0.95	35.8	0.4	6.6	1.02
151g	2701	645	24.92	2.11	79.6	1.0	14.65	2.75
222g	3972	948	36.63	3.11	117.0	1.4	21.53	3.33
30ml	1021	248	27.6	6.3	0.0	0.0	0.0	1.28

POSTMIX DRINKS



COCA COLA SMALL
COCA COLA REGULAR
COCA COLA LARGE
DIET COKE SMALL
DIET COKE REGULAR
DIET COKE LARGE
COKE ZERO SMALL
COKE ZERO REGULAR
COKE ZERO LARGE
SPRITE ZERO SMALL
SPRITE ZERO REGULAR
SPRITE ZERO LARGE
FANTA ORANGE SMALL
FANTA ORANGE REGULAR
FANTA ORANGE LARGE
SCHWEPES LEMONADE SMALL
SCHWEPES LEMONADE REG
SCHWEPES LEMONADE LARGE

Serving Size	Energy kJ	Energy Kcal	Fat	of which saturates	Carbo-hydrate	of which sugars	Protein	Salt
520ml	936	218	0.0	0.0	55.1	55.1	0.0	0.0
757ml	1363	318	0.0	0.0	80.2	80.2	0.0	0.0
1041ml	1874	437	0.0	0.0	110.3	110.3	0.0	0.0
520ml	7.3	1.6	0.0	0.0	0.0	0.0	0.0	0.0
757ml	10.6	2.3	0.0	0.0	0.0	0.0	0.0	0.0
1041ml	14.6	3.1	0.0	0.0	0.0	0.0	0.0	0.0
520ml	7.8	2.6	0.0	0.0	0.0	0.0	0.0	0.1
757ml	11.4	3.8	0.0	0.0	0.0	0.0	0.0	0.15
1041ml	15.6	5.2	0.0	0.0	0.0	0.0	0.0	0.21
520ml	26	5.2	0.0	0.0	0.0	0.0	0.0	0.36
757ml	37.9	7.6	0.0	0.0	0.0	0.0	0.0	0.53
1041ml	52.1	10.4	0.0	0.0	0.0	0.0	0.0	0.73
520ml	416	99	0.0	0.0	23.4	23.4	0.0	0.1
757ml	606	144	0.0	0.0	34.1	34.1	0.0	0.15
1041ml	832	198	0.0	0.0	46.8	46.8	0.0	0.21
520ml	406	94	0.0	0.0	21.8	21.8	0.0	0.21
757ml	591	136	0.0	0.0	31.8	31.8	0.0	0.3
1041ml	812	187	0.0	0.0	43.7	43.7	0.0	0.42

All values shown in grams unless otherwise stated

All values shown in grams unless otherwise stated



ICEBLAST REGULAR ALL FLAVOURS

ICEBLAST LARGE ALL FLAVOURS

ICEBLAST TWINCUP ALL FLAVOURS

Serving Size	Energy kJ	Energy Kcal	Fat	of which saturates	Carbo-hydrate	of which sugars	Protein	Salt
12oz	262.8	61.2	0.0	0.0	14.0	0.0	0.0	trace
21oz	430.7	100.3	0.0	0.0	23.0	0.0	0.0	trace
32oz	633.6	147.6	0.0	0.0	33.9	0.0	0.0	trace



All hot drinks are prepared using semi-skimmed milk

ESPRESSO

LONG BLACK REGULAR

LONG BLACK LARGE

WHITE COFFEE REGULAR

WHITE COFFEE LARGE

LATTE REGULAR

LATTE LARGE

CAPPUCCINO REGULAR

CAPPUCCINO LARGE

MOCHA REGULAR

MOCHA LARGE

FLAT WHITE

CADBURYS HOT CHOCOLATE

If adding a flavoured syrup, add the following to your drink

CARAMEL SYRUP

VANILLA SYRUP

Serving Size	Energy kJ	Energy Kcal	Fat	of which saturates	Carbo-hydrate	of which sugars	Protein	Salt
single	11	3	0.1	0.0	0.4	0.2	0.2	0.0
12oz	22	6	0.2	0.0	0.8	0.4	0.4	0.0
16oz	29	8	0.3	0.0	1.1	0.5	0.5	0.0
12oz	126	30.5	1.2	0.7	3.3	2.9	2.1	0.1
16oz	133	32.5	1.2	0.7	3.5	3.0	2.2	0.1
12oz	508	121	4.5	2.8	12.3	11.9	8.3	0.2
16oz	677	161	6.0	3.8	16.2	15.8	11.0	0.3
12oz	434	104	3.7	2.3	11.3	10.8	6.7	0.2
16oz	644	153	5.6	3.5	16.2	15.6	10.1	0.3
12oz	852	202	5.9	3.6	27.4	25.2	9.4	0.3
16oz	1241	295	8.3	5.1	40.9	37.4	13.0	0.4
8oz	516	122	4.6	2.9	12.3	12.1	8.4	0.1
12oz	465	110	2.7	0.4	19.7	0.2	1.5	1.0
12oz	137	33	0.0	0.0	8.0	8.0	0.0	0.0
16oz	205	49	0.0	0.0	12.1	12.1	0.0	0.0
12oz	142	34	0.0	0.0	8.4	8.4	0.0	0.0
16oz	213	51	0.0	0.0	12.7	12.6	0.0	0.0

ICE CREAM (SCOOPED)



One Scoop = 85g

- CARAMEL CHEW CHEW
- CHERRY GARCIA
- CHOCOLATE FUDGE BROWNIE
- COOKIE DOUGH
- DOUBLE CARAMEL BROWNIE
- MOOPHORIA POPPIN' POPCORN
- NON DAIRY COOKIES ON COOKIE DOUGH
- PEANUT BUTTER CUP
- PHISH FOOD
- STRAWBERRY CHEESECAKE
- VANILLA
- VANILLA PECAN BLONDIE
- HOT CARAMEL FUDGE SAUCE
- HOT CHOCOLATE FUDGE SAUCE
- MILK CHOCOLATE PEACE SIGNS
- RAINBOW SPRINKLES
- SUGAR CONE
- LARGE WAFFLE CONE
- WAFFLE CONE (BAKED IN STORE)

All values shown in grams unless otherwise stated

Serving Size	Energy kJ	Energy Kcal	Fat	of which saturates	Carbo-hydrate	of which sugars	Protein	Salt
85g	1020	238	13.6	9.35	26.0	22.0	3.0	0.19
85g	850	204	11.9	7.65	21.0	21.0	3.0	0.09
85g	890	212	11.05	6.63	26.0	26.0	4.0	0.16
85g	935	230	12.75	7.65	26.0	21.0	3.0	0.14
85g	914	218	11.05	6.8	26.0	24.0	3.0	0.36
85g	714	170	6.89	4.76	31.0	25.0	3.0	0.31
85g	955	227	11.9	7.4	21.0	20.0	6.0	0.42
85g	1190	281	18.7	11.05	29.0	23.0	3.0	0.14
85g	935	230	11.05	7.65	23.0	20.0	3.0	0.56
85g	850	213	11.9	5.95	27.0	21.0	4.0	0.19
85g	825	196	12.75	7.65	17.0	17.0	3.0	0.12
85g	964	230	13.6	7.48	24.0	21.0	3.0	0.31
25g	328	79	2.0	2.0	14.0	6.8	0.25	0.07
25g	321	77	2.0	1.58	12.4	9.4	1.30	0.03
25g	554	133	7.0	5.37	16.8	16.5	2.28	0.0
25g	428	102	0.25	0.25	25.0	25.0	0.07	0.05
10g	172	40	0.65	0.05	8.5	3.7	0.6	0.05
22g	378	90	1.0	1.1	17.4	6.0	1.6	0.1
60g	1037	247	5.0	1.5	45.7	26.0	3.6	0.0



BLACKBERRIES & RASPBERRIES
BLUE RASPBERRY BON BONS
CANDYKING PREMIUM JELLY BEANS
CHERRIES
COLA BOTTLES
CRISPY BITE
DUO FUDGE
FAIRYTALE MIX
FISH & CHIPS
FIZZY BUBBLEGUM BOTTLES
FIZZY CHERRY BOTTLES
FIZZY COLA BOTTLES
FIZZY DUMMIES
FLOWERS
FRIED EGGS
FRUITY ROLLS
GIANT COLA BOTTLES
GIANT COLA FIZZ
GIANT SNOWIES
JUICY STRAWBERRIES
MILK CHOCOLATE BEANIES
MILK CHOCOLATE MINI EGGS
MILK CHOCOLATE RAISINS
MILKSHAKE BOTTLES

Serving Size	Energy kJ	Energy Kcal	Fat	of which saturates	Carbo-hydrate	of which sugars	Protein	Salt
100g	1330	313	0.2	0.2	72.0	52.0	5.2	0.04
100g	1550	370	5.0	4.3	81	69.0	0.0	<0.1
100g	1600	377	<0.1	<0.1	93.0	77.0	<0.1	0.2
100g	1395	327	0.2	0.2	76.0	58.0	5.1	0.04
100g	1334	314	0.4	0.4	71.0	52.0	5.1	0.05
100g	1850	430	15.0	10.3	71.0	60.0	3.0	0.00
100g	1849	437	13.0	11.0	77.0	69.0	2.0	0.41
100g	1386	326	0.2	0.1	80.0	53.0	0.0	0.04
100g	2186	522	26.9	23.2	66.4	52.7	3.8	0.25
100g	1425	335	0.0	0.0	77.0	62.0	5.4	0.39
100g	1359	351	0.1	0.1	74.0	56.0	4.6	0.04
100g	1360	321	0.3	0.2	74.0	56.0	4.6	0.04
100g	1356	320	0.0	0.0	75.0	56.0	4.8	0.03
100g	1378	324	0.3	0.3	74.0	55.6	5.2	0.13
100g	1423	335	0.2	0.2	77.0	54.0	6.4	0.06
100g	1565	369	2.0	1.7	83.0	62.0	2.2	0.6
100g	1337	313	0.5	0.5	71.0	52.0	5.3	0.05
100g	1360	321	0.3	0.2	74.0	56.0	4.8	0.04
100g	2080	500	22.0	19.0	71.0	56.0	2.8	0.28
100g	1423	335	0.1	0.1	84.0	55.0	0.0	0.05
100g	1909	454	14.0	8.5	77.0	74.0	3.5	0.14
100g	1460	481	19.7	12.1	70.7	69.7	4.7	0.17
100g	1834	437	16.0	9.7	67.0	61.0	4.1	0.15
100g	1310	315	0.2	0.0	73.0	59.0	5.0	0.0



MILK TEETH
MINI STRAWBERRY CABLES
MONKEY BANANAS
PARTYMIX
PINK & WHITE MICE
RED METRE
SOUR CHERRIES
SPINNING TOPS
STRAWBERRY & WHITE CANDYSTICKS
STRAWBERRY BONBONS
STRAWBERRY ROCKETZ
STRETCHY SNAKES
SUGARED STRAWBERRIES
SWEET APPLES
SWEET BANANAS
TEDY BEARS
UNDER THE SEA MIX
VANILLA FUDGE
WATERMELON SLICES

Serving Size	Energy kJ	Energy Kcal	Fat	of which saturates	Carbo-hydrate	of which sugars	Protein	Salt
100g	1369	322	0.2	0.1	73.0	57.0	6.0	0.03
100g	1545	370	3.3	3.1	82.0	64.0	1.1	0.14
100g	2186	522	26.9	23.2	66.4	52.7	3.8	0.25
100g	1423	335	0.3	0.2	76.0	49.0	5.0	0.04
100g	2190	520	27.0	23.0	65.0	53.0	3.8	0.25
100g	1406	331	0.9	0.9	76.0	50.0	2.3	0.9
100g	1427	336	0.6	0.6	81.0	55.0	2.1	0.06
100g	2180	500	22.0	19.0	71.0	56.0	2.8	0.28
100g	1591	375	3.5	3.1	84.0	65.0	1.5	0.19
100g	1655	390	5.0	5.0	87.0	63.0	0.0	<0.1
100g	1619	382	3.1	2.7	86.0	68.0	1.4	0.18
100g	1328	329	0.2	0.2	77.0	54.0	5.4	0.1
100g	1480	350	0.0	0.0	87.8	66.7	0.0	0.18
100g	1314	309	0.0	0.0	76.0	58.0	0.0	0.16
100g	1530	360	0.0	0.0	89.0	78.0	1.2	<0.1
100g	1330	313	0.2	0.2	72.0	52.0	5.2	0.04
100g	1403	330	0.2	0.2	78.0	54.0	4.5	0.11
100g	1780	420	13.0	11.0	74.0	68.0	1.5	0.5
100g	1420	340	0.2	0.2	77.0	59.0	6.6	0.1